



Bí Cineálta

What is bullying?

1. Targeted towards you
2. Deliberately hurts you
3. Repeated over time

What do you do if you think you or someone else is being bullied?

1. Tell a trusted adult
2. Don't delay

What do we do?

1. Listen to you
2. Ask what you want to happen
3. We work out a plan together (e.g talk to students and parents)



Tell a trusted adult